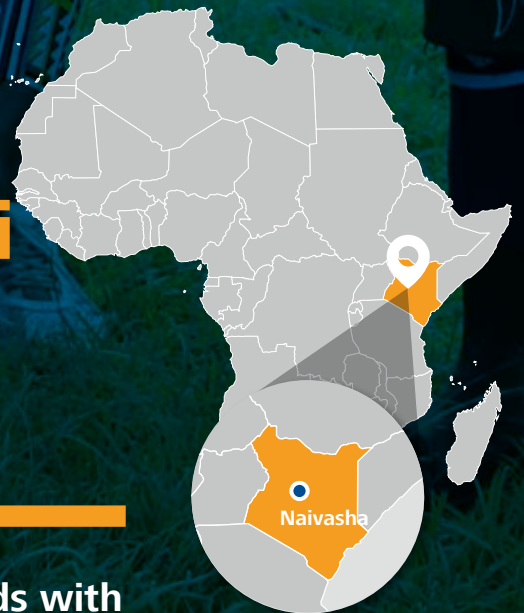




Cookstoves for Maasai Communities Kenya

Protecting native forests and improving livelihoods with sustainable cooking technology



By distributing fuel efficient cookstoves to Maasai communities living south of Kenya's Lake Naivasha, this project improves livelihoods and reduces emissions plus the risk of smoke-related health problems. It also alleviates pressure on the nearby Mau Forest, where many indigenous people collect their firewood.

The Context

The Maasai people inhabit an area spanning much of southern Kenya and northern Tanzania. Despite pressure from governments to abandon their traditional semi-nomadic lifestyle, the Maasai people have maintained age-old customs that preserve their unique culture. Yet, the traditional Maasai method of cooking over an open wood fire is time consuming, encourages deforestation and produces significant amounts of indoor smoke – exposing women and children to severe respiratory health hazards.

The Project

This project has distributed over 5,500 efficient cookstoves to-date, to replace open fires. The cookstoves reflect traditional woodfire methods, but require 66% less firewood and reduce smoke emissions considerably, improving overall community health. By reducing emissions and slowing deforestation, the project reduces approximately 14,500 tonnes of CO₂ emissions every year.

The Benefits

By using the cookstoves, the Maasai people reduce the amount of smoke produced by indoor cooking, limiting their exposure to dangerous pollutants that cause respiratory diseases. Women and children also spend less time collecting firewood, and instead focus on earning an income or attending school, respectively. Meanwhile, demand for firewood is alleviated from the Mau Forest – the largest native montane forest in East Africa.

“It used to take a lot of firewood and the stove we were using produced a lot of smoke. We now use a lot less firewood – this new one is a very nice stove.”

– Nalangu Saitoti, Maasai woman



Gold Standard



28,000
people

now have access to cleaner cooking methods, greatly reducing the incidence of indoor smoke-related respiratory illness



5,650+
families

now have access to clean, thermal energy for sustainable cooking



14,500
tCO₂e

reduced on average annually, through reduced emissions and avoided deforestation



66
% less

wood needed to fuel stoves, alleviating pressure on the Mau Forest

For more information on the UN Sustainable Development Goals, please visit: <http://www.un.org/sustainabledevelopment/sustainable-development-goals/>

Official name: Voluntary Gold Standard Multi-country Improved Cookstoves POA - OSERIAN FLOWER FARM OFFSET PROJECT 4 - NGONDI

Registry link: <https://registry.goldstandard.org/projects/details/518> **Registry ID:** GS 2023

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